



# ≡ STAYCATION BIBLE SCHOOL ≡ Our Daily Bread Café

DAY 3

## A little boy shares his lunch

Scripture reference:

John 6:1-14

Sense:

Smell

Verse of the day:

A youth here has five barley loaves and two fish. But what good is that for a crowd like this? (*John 6:9*)

Catch phrase:

Taste and see how God CALLS you!

Theme of the day:

Smell and know that the Lord is good!

Day 3



# Day 3



## Basic ingredient list

- ❑ A candle
- ❑ Our Daily Bread Café placemat for each child
- ❑ A children's story Bible or Bible
- ❑ Any visuals/pictures you want to use for the Bible story
- ❑ A Gratitude Café Journal (1 for each child)
- ❑ Daily craft/game/cooking supplies
- ❑ Simple snack (if you have snack time)
- ❑ Speaker/ability to stream the Spotify playlist
- ❑ Access to YouTube (or watch ahead of time and teach the YouTube dances)
- ❑ Favorite drink/sweet treat for the Gratitude Café



## SETTING THE TABLE

Each day you will need your worship cloth and candle. In this opening time, you will listen to a song for the day, and center your hearts and minds to prepare for SBS.

1. Lay out your worship cloth and place the candle on top.
2. Light the candle to represent the light of Christ present with you.
3. Share one thing you:
  - \* Hope to learn today,
  - \* Are joyful for today,
  - \* Are wondering,
  - \* You want to share, or
  - \* Are excited about.



## Praise God with a song!

Choose a song from the [Plate-it-up Playlist](#) ([pres-outlook.org/SBSplaylist](https://pres-outlook.org/SBSplaylist)) or use today's daily suggestion!

**Today's song:** "Made for This"



above: Spotify code to scan for playlist



## Open with prayer

### Daily opening call-and-response prayer

**Host:** Taste and see...

**Guests:** The Lord is good!

**All:** Praise God.

**Guests:** Taste and see...

**Host:** What God created!

**All:** Praise God.

**Host:** We give God thanks for our day!

**All:** Good morning, God, we say.

**Guests:** Taste and see...

**Host:** God is good!

**Guests:** All the time!

**Host:** All the time...

**Guests:** God is good! Praise God!

**All:** Amen.



## TODAY'S STARTER

### Intro game: I'm going on a picnic

This might not have a lot to do with “smell,” but today’s Bible story is all about God’s people on a picnic.

This game can be played with as few as two people and with as many people as you have gathered — it’s all about taking turns. There are suggested options below that might work better for your family.

Choose 1 person to start. This person says, “I’m going on a picnic and I am going to eat \_\_\_\_\_” (an item that begins with the letter A).

The next person says, “I’m going on a picnic and I am going to eat (item A), and \_\_\_\_\_” (an item that begins with the letter B).

The next person continues, “I’m going on a picnic and I am going to bring (item A), (item B) and \_\_\_\_\_ (an item that begins with the letter C).



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Continue the game and see if you can think of items A-Z!

- **Option 1:**  
The alphabet might be harder for preschool children and early elementary school children. Just think of items and see how long you can remember what others have said and keep the game going.
- **Option 2:**  
If you have a mix of younger and older kids, have the older children follow the alphabet and allow the younger children to name an item they are thinking of.
- **Option 3:**  
See how many items you can think of using 1 letter. Don't switch to another letter until someone is stumped. Keep a record of how many items you come up with for each letter.



## Explore Psalm 34:8

### EXPLORE TOGETHER

1. Find a scented candle. Hide the "scent" so your guests can't see the label, and see if they can guess what they are smelling.
2. Light a scented candle. Listen to the song "Taste and See the Lord is Good" by Yancy and Little Praise Party. As you listen, take deep breaths and smell the candle that is burning. When the song is over, see if they can guess the scent.
3. Today you are going to explore with your guests how we "smell and know the Lord is good." What smells make you think of God's goodness? (Some examples: warm cookies in the oven, the scent of a flower, the salt air, a watermelon when cut open, communion bread)
4. If you have a piece of fruit that you could cut open, use it as an example. Cut it open and see if your guests can smell the fruit from where they are sitting. Have them try shutting their eyes to see if the smell is stronger. Then give them a piece to hold in front of their face and let them really smell the fruit. Do they like the smell?
5. How might smell let us know that God is good? It's a reminder that all of these things in God's creation (fruit and vegetables, sea air, a rainy day) are not just something to see — God found multiple ways for us to sense that God's creation is good.
6. What are some of your favorite smells that help you know that the Lord is good?



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## Create together

1. Get out your theme verse poster. Today you will update it with "smell." Brainstorm ideas to write or add to your collage.
2. Attach "smell" to your Bible verse poster.



## THE MAIN MEAL: Taste and see how God calls you



### Lesson goals

Your family will discover:

- That a version of this story is found in all four Gospels.
- That miracles happen when we share what we have.
- Young people can have the answers to difficult problems.
- Young people are disciples too.



### Read the story together

1. Invite your guests to gather at the table around the worship cloth. It's time to hear today's story!
2. Show your Bible to your guests. Today the story is in the New Testament. Here's a fun fact: You can read a version of this story in all four Gospels. Why is this so interesting? Because even if all four Gospels are stories about Jesus, not all four have all the same stories. In fact, many stories about Jesus are only found in just one of the Gospels. What do you think this tells us about this story?
3. **For younger children:** Read the story from one of the story Bibles or read it from Scripture. If you read it from Scripture, consider telling the story in your own words.
4. **For older children:** Compare and contrast at least two versions of this story. Read each of the stories from the Bible and then discuss. What is the same? What is different?



## Wonder together

1. The disciples have a big problem. What's the problem and who do they think can solve it?
2. I wonder: Why didn't Jesus tell them how to solve the problem? (Scripture says that Jesus knew what he was going to do)
3. Are you surprised that a young person was able to help? Do you think he thought he could help solve this really big problem?
4. Do you think 5 loaves of bread and 2 fish could feed thousands of people?
5. I wonder: How did all those people have enough to eat?
6. I wonder: Is it significant that Jesus fed a crowd of people with several loaves of bread, providing them with what they needed when it didn't look like they would have enough? Isn't it amazing how God seems to provide in unexpected ways?!
7. Has there ever been a time when you were faced with a really big problem and you were not sure how to fix the problem?
8. Are you surprised that God calls young people to help with big problems?

## Daily Placemat and Table Talk

After you read the story and have some discussion time together, get out today's Daily Placemat. Take some time to answer the "I wonder" question and color your placemat. You can read the Table Talk questions now, or you can save them for snack time.



## Break Time: Daily Dance Party and the Plate-it-up Playlist

Everyone needs a break! In our family we do dance parties in the kitchen. There are so many ways to start a dance party! We usually ask our smart speaker to play a song and then we dance! Find ways throughout your day to create a "dance party." Pick a song to play, or use the SBS Plate-it-up Playlist of music and movement videos that can be found on YouTube: [pres-outlook.org/SBSenergizers](https://www.youtube.com/playlist?list=PLBv8ZS8Gt3Nq1Gg1Gg1Gg1Gg1Gg1Gg1).

Check out the SBS Plate-it-up Playlist on Spotify with song suggestions that go with this year's theme ([pres-outlook.org/SBSplaylist](https://www.spotify.com/playlist/3759t0L1l6411Kt3t3881Gg1Gg1Gg1Gg1)).



# SIDE SURPRISES!



## SIDE 1: CAFÉ CREATIONS (ARTS AND CRAFTS)

### Craft 1: Table Talk Game Jar

This craft is similar to the Table Grace Jar. The goal is to create a game you can keep near your kitchen table that promotes conversation with those who are gathered around the table.

#### MATERIALS:

- Empty jar/can (to fit popsicle sticks)
- Materials to decorate the jar
- Popsicle sticks (wide ones to write on)



#### DIRECTIONS:

- Decorate your jar/can.
- The popsicle sticks are “question sticks.” Write 1 question on each stick. They can be “would you rather?” questions, a thinking question, this or that, etc. (*Suggestions:* What’s your favorite season? What food do you like the least? If you were an animal, which animal would you be? Would you rather have a pet mouse or a pet goat? Would you rather only eat spaghetti or only eat apples?)
- Place the sticks in your jar.

**Church connection>>>** Have a Zoom gathering and create this game together. Brainstorm questions to add to your sticks. This is a great game that can be used in person or virtually.





## Craft 2: Homemade Colored Bubbles



### MATERIALS:

- Clear dishwashing soap
- Light corn syrup
- Food coloring

### DIRECTIONS:

- In a large bowl, mix 6 cups of hot water with 2 cups dishwashing soap. Stir well.
- Add 3/4 cup corn syrup. Stir well (bubbles will form).
- Divide into smaller containers and add food coloring to each to create colored bubbles.
- Have fun!



## Craft 3: Bubble Painting

### MATERIALS:

- Bubbles (you can use store-bought or make your own)
- Straws or bubble wands
- Card stock

### DIRECTIONS:

1. Make colored bubbles. Use the recipe above or add food coloring to store-bought bubbles.
2. Dip your bubble instruments into the different bubbles. Blow bubbles onto your card stock. The paper will catch them and pop.
3. Let dry.

## Craft 4: Share with Others

Throughout SBS today, you are encouraged to make something to share with someone else. Perhaps you will make cookies or maybe blueberry muffins.



### MATERIALS:

- Plain paper bag (gift bag, lunch bag, etc.)
- Card stock or construction paper (or the paper you painted with bubbles)
- Paint
- Kitchen utensils



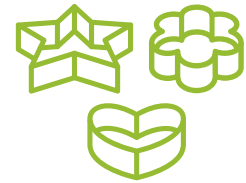


## DIRECTIONS:

- Decorate a gift bag to deliver your goodies in. There are so many options:
- Use drawing materials and color the bag.
- Use your bubble paper. You might cut a shape out of it, or glue it to your gift bag.
- Use kitchen utensils to make “kitchen art.” Use a potato masher, spatula, whisk, or other interesting kitchen tools as your paint brush. Dip in paint, and stamp onto paper.
- Make a card to go with your gift. You can use your bubble paper, or use the “Kitchen Art” technique to make a card.

## Craft 5: Cinnamon dough

This simple dough smells amazing when you are making it! Once made, you can roll it and cut shapes using cookie cutters. Let your shapes dry, and then use them to make window hangings and wall art. It is a reminder that today we explored how we “smell” and know that God is good.



## MATERIALS:

- Applesauce
- Cinnamon
- Cookie cutters
- Ribbon (or yarn)

## DIRECTIONS:

- Pour a cup of applesauce in a bowl. Add the cinnamon. Keep adding cinnamon until the liquid sauce becomes a dough-like form. (Tip: You can get bulk cinnamon on [Amazon](#).)
- Cut out shapes with cookie cutters, or mold into 3D shapes.
- If you want to create a wall hanging or window hanging, use a straw to poke a hole for ribbon.
- Let dry (put outside to dry the fastest).
- Once dry, add a ribbon loop to use as a hanger.
- Make a small tag with the Bible verse, “Taste and see the Lord is good.”
- Hang where you can see it and smell it, remembering all the ways that God is good.



## SIDE 2: KITCHEN FIXINS BOOKS AND TREATS

### Books of the day:

- **"Ordinary Mary's Extraordinary Deed"** by Emily Pearson
- **"A Bucket of Blessings"** by Kabir Sehgal
- "Stone Soup"

The theme that ties these three stories together is that sharing what little you have can go a very long way and create a miracle. In "Ordinary Mary's Extraordinary Deed," Mary shared a bowl of blueberries, and a ripple effect grew throughout her community. In "A Bucket of Blessings," a leaky bucket provides a little bit of water to each animal. And in "Stone Soup," which is a traditional story, a giant pot of soup is created when the villagers begin to share what they have.

You will be talking a lot today about sharing what you have. These stories are modern reflections of the Bible story read today. The treat today is homemade lemonade. As you make it, think about someone you would like to share your lemonade with. Perhaps you could invite them over. Or, make a second batch and surprise a friend with a container of homemade lemonade. Today's treat also connects with one of the mission projects you explore today!



### Treat of the Day

Homemade lemonade

#### INGREDIENTS:

- 1 cup fresh squeezed lemon juice (about 5-6 lemons)
- 1.5 cups sugar
- 1 cup hot water
- 4 cups cold water

#### DIRECTIONS:

1. Cut lemons in half and squeeze out fresh lemon juice. (Make sure to remove any seeds.)
2. Boil 1 cup water, add 1.5 cups of sugar and stir until dissolved.
3. Pour in lemon juice.
4. Add in 4 cups cold water and ice. Stir.
5. Pour into a pitcher.



## MIX-IT KIT: Cookie mix

Today's mix reminds us of how sweet it is when we put a few simple ingredients together and share with a friend. Many people make "cookie mix jars" to give as gifts. You have two options: Make your mix and then bake the cookies, and when you're done share some homemade cookies with a neighbor or friend. Or make a mix to deliver to someone else.

### DRY INGREDIENTS:

- 1 3/4 cup flour
- 3/4 teaspoon baking soda
- 3/4 teaspoon salt
- 1/2 cup sugar
- 3/4 cup packed brown sugar
- 1 1/2 cups semi-sweet chocolate chips (or mix it up with 1/2 semi-sweet, 1/2 milk chocolate)

### WET INGREDIENTS

- 3/4 cup softened butter (one and a half sticks)
- 1 large egg
- 3/4 teaspoon vanilla extract

**(Tag instructions)** Preheat your oven to 375. Beat the butter, egg and vanilla with a mixer until blended. Add dry ingredient mix. Mix well, breaking up any clumps. Drop by rounded tablespoons on cookie sheet. Bake for 9-11 minutes until golden brown. (Makes about 2 dozen cookies)

If you would like to make this as a "gift jar," use a quart size Mason jar. Mix the flour, baking soda, salt and sugar until mixed and make the first layer. Add the brown sugar, top off with chocolate chips. Add a pretty ribbon and the tag.



## SIDE 3: PULL UP A CHAIR (SNACK TIME)



**Daily table grace:** Taste and See Thanks (tune: "Baby Shark")

*Taste and see: doo-doo-doo-doo-doo (x3)*

*You are good!*

*You are good: doo-doo-doo-doo-doo (x3)*

*All the time.*

*All the time: doo-doo-doo-doo-doo (x3)*

*You are good!*

*Thank you God: doo-doo-doo-doo-doo (x3)*

*For our food*

*Time to eat: doo-doo-doo-doo-doo (x3)*

*Amen!*



### Simple Snack

Smell and see! God calls you to share what you have! A little boy gave a few loaves of bread and some fish and inspired a picnic for thousands.

#### **Option 1: TRAIL MIX.**

Trail mix is all about sharing what you have. Here are few mixes with goldfish crackers as a base, but create your own recipe or use what you have!

### Easy Ranch Snack Mix

#### INGREDIENTS:

- 1 oz. packet ranch salad dressing seasoning mix
- 1/4 cup vegetable oil
- 1 tsp. garlic salt
- 9 oz. bag oyster crackers
- 1 bag Goldfish crackers
- Can add nuts or pretzels if desired

#### DIRECTIONS:

1. Preheat oven to 250 degrees.
2. In a small bowl, stir together the vegetable oil, seasoning mix and garlic salt until well mixed.



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3. Pour crackers and the oil mixture into a gallon sized resealable plastic bag. Seal the bag tightly and toss until ingredients are well coated.
4. Spread the crackers in a single layer on a baking sheet.
5. Bake for 15-20 minutes or until golden.
6. Cool, and store in an airtight container.

## Easy Trail Mix Recipe

### INGREDIENTS:

- Movie theater box of M&Ms (3.1 oz.)
- 1 cup raisins
- 2 cups Cheerios
- 2 cups pretzel sticks.
- 2 cups salted peanuts
- 2 cups mini marshmallows
- 2 cup Goldfish crackers
- Other options to include: yogurt covered raisins; dried fruit; sunflower seeds; pumpkin seeds; peanut butter chips; granola clusters

### INSTRUCTIONS:

1. Mix all ingredients together in large bowl.
2. Store in an airtight container, or divide into individual servings in sandwich bags.

### Option 2: PICNIC FOOD.

Share a simple picnic of cheese and crackers with a side of cut-up fruit.



## SIDE 4: ALL-YOU-CAN-PLAY BUFFET

Choose a game or two from the All-you-can-play Buffet list.



## SIDE 5: SERVICE WITH A SMILE: A DAILY MISSION FOCUS



### Kids making a difference

The best part about our story today is that it highlights a young child who makes a BIG difference. All of our children have the ability to make a difference in the world. Today during Service with a Smile you are going to learn about several children who made a difference. By hearing stories about what other children are doing we are inspired to come up with our own ideas.



### Explore together:

1. Begin by watching two “Kid President” videos. While these are a little older, they are new to a lot of children. Kid President is very funny and sparks some great ideas.
2. Watch this video first: [youtu.be/OsbG-172e\\_Y](https://youtu.be/OsbG-172e_Y)
3. The first video asks 3 great questions to think about when you are making a plan to change the world. It ends with a call to a mission project. Please note that the main focus on this video is to think about the three questions. But the service project illustrates how you can use the questions to come up with your own plan. When you finish watching the video, write down the 3 questions Kid President asked (don't worry about answering them right now, we will do that later). They are:
  1. What are you not okay with?
  2. What do you have?
  3. What can we do about it?
4. Now watch this video: [youtu.be/S1rtQ7E5C4E](https://youtu.be/S1rtQ7E5C4E)
5. In the second video, Kid President suggests all the reasons why we think we can't change the world. What are some of those reasons?
6. Can you remember what he said it takes to change the world? He suggests that all it takes is ONE PERSON. (One person filled with love — and they live it out



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loud and do something awesome. And then the next person is filled with love and does something else that's awesome. And on, and on, and on.)

7. It's a chain reaction. Illustrate a chain reaction with your guests. There are a lot of ways you can do this in your house with what you have. (Suggestions: Legos, toy trains or cars, popsicle sticks)

God made us to make a difference in our world! And all of us can be "little people living out big love."

Here are **two organizations to explore**. As you learn about them, see if you can:

- Find out why they started
- Discover how the idea grew
- Think of ways that your family can participate today

### Alex's Lemonade Stand

[alexlemonade.org](http://alexlemonade.org)

While this organization does not address feeding people, they use food to make a difference. How many children have had a lemonade stand at some point in their lifetime? It's a rite of passage. Visit the website, learn about Alex's Lemonade Stand and how Alex used a pitcher of lemonade to change the world.

### Souper Bowl of Caring

[souperbowl.org](http://souperbowl.org)

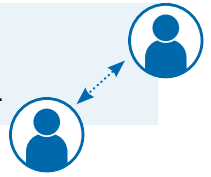
Your children are probably somewhat familiar with this organization, as it was started in a Presbyterian Church and many church youth groups participate each year! Visit the website and learn their origin story. How did Souper Bowl of Caring become a chain reaction? How does your church participate in Souper Bowl of Caring?

*You can make a difference too!* Ask the Kid President's three questions and see how you might answer them.



## Check in with your Cooking Companion

See the guide for a suggestion of things to talk about share.



# DELIGHTFUL DESSERTS AT THE GRATITUDE CAFÉ

End your day with a time of celebration and thankfulness. Isn't it wonderful to start our day and end our day sitting around the table with family and friends?

### Prepare your table:

1. Set out the worship cloth and candle.
2. Bring whatever drink or food you would like to eat as you share together.



### Give thanks:

1. Let's think about what we should give thanks for today! Play some quiet meditation music while you write in your journal. (Suggestion: "Come Ye Children of the Lord" by Paul Cardell on the SBS Spotify playlist.)
2. After a time of silent writing, say, "Let's share the things we are thankful for with one another." Take turns sharing.
3. Once everyone has shared, end your time of gratitude by saying, "God, we are thankful for all of these blessings. Amen."
4. Give thanks with song. Play "Lord I Thank You" by Yancy and Little Praise Party on the Plate-it-up Playlist. Grab a kitchen instrument (pots, pans, and spoons) and sing, dance, and give thanks.





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## End your day with prayer.

### Closing call-and-response prayer

**Host:** Taste and see...

**Guests:** The Lord is good!

**All:** Praise God.

**Guests:** Taste and see...

**Host:** What God created!

**All:** Praise God.

**Host:** We give God thanks for...

*(name what you listed in your gratitude journal).*

**All:** Praise God.

**Guests:** Taste and see...

**Host:** God is good!

**Guests:** All the time!

**Host:** All the time...

**Guests:** God is good! Praise God!

**All:** Amen.